

SACRED NEEDS OF THE SIX SEXUAL ARCHETYPES

The video discussed three points for each archetype:

1. A core sacred need of the archetype.
2. A communication strategy for sharing sacred needs with a partner in a way that they are most likely to be received.
3. A self-care practice that will empower you to care for your sacred needs whether or not you're in a partnership, and, if you are, whether or not they are currently able to meet you.

A summary of those three points for each archetype is below:

PRIESTESS LOVER

Sacred Need:

To be held.

Communication Strategy:

Slow down to ask the questions, and *listen to the answers*.

Self-Care:

Worship and Grieve.

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### LOVER QUEEN

Sacred Need:

To be honored.

Communication Strategy:  
Invite and Exalt.

Self-Care:  
Soften.



## DAUGHTER OF APHRODITE

Sacred Need:  
To be taken.

Communication Strategy:  
Share what she likes, what turns her on.

Self-Care:  
Absorb.



## VIRGIN LOVER

Sacred Need:  
To be cherished.

Communication Strategy:  
Nonverbal.

Self-Care:

Claim the erotic as your own when you feel it.

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WILD LOVER

Sacred Need:

To be untamed.

Communication Strategy:

Be willing to sit in the fire.

Self-Care:

Solitary rewilding.

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## SHADOW LOVER

Sacred Need:

To be met.

Communication Strategy:

Respect.

Self-Care:

Clear and settle. Return home to yourself, enough as you are.